The Force Necessary Knife Course
Level by Level and Course Overview
“This is my **Force Necessary:Knife** course. It is "painfully" simple. Pun is intended. I only teach you the very essence of knife combatives and knife fighting, self-defense. And I do hate the term “knife fighting.” I have been training in this for more than three decades, and teaching "the knife" for more than two decades, well before it was cool - as some people think I was part of a 'new' pioneer movement that brought the combative knife back in the 1990s. My revered system is taught all over the world, as far as China and Australia.

I have seen many knife fads and systems come and go. Many of them were and are shallow or crazy complicated and flashy. Many send the wrong message of sheer, mindless death and violence, ignorant or flippant about the harsh realities of the subjects of knives, crime and war. As a military and police vet, a detective-investigator of many knife attacks, robberies, aggravated assaults, attempted murders and murders I have a special view of the ‘knife.’

Sorry, if you are looking for fancy, exotic, flashy, foreign, mysterious knife material with wacky names and weird people? We are **Force Necessary**, not Force Unnecessary. In this course, we teach the following:

- Knife Vs Unarmed
- Knife vs knife
- Standing, kneeling, seated, ground
- Psychological issues
- Knife Vs Stick
- Knife vs gun threats
- Lethal and less-than-lethal
- Skill, flow and speed exercises

Criminal and military history reveals that a real world knife fight is more rough and tumble (like football or rugby) and less like dueling/fencing. So-called "dueling" can happen, but it is an event least likely to occur in our modern times of mixed weapons in war, crime, emotion and ambush.

In this knife combatives course, I have carefully crafted a doctrine where you will learn how to use a knife to its maximum potential in all grips: standing, kneeling, sitting and on the ground, with less-than-lethal and lethal results.

In this course, I have carefully crafted for you a doctrine where you will learn how to use a knife to its maximum potential. This doctrine includes all the better parts of military knife fighting—such as Russian Knife Fighting, South African and Rhodesian military knife fighting, as well as Filipino knife fighting, American and European or 'western' knife fighting. Also, this includes a study in criminal knife fighting and knife self-defense. Plus knife combatives training innovations. Not rocket science. Not complicated, foreign drills. This is not brain surgery. It is surgery of a different, more simple sort. Every level is built to be simple as possible.” - Hock
Force Necessary: Knife!  Course Overview

   The Stress Quick Draw Module

Level 2: Support the Knife! While Holding.  
   Introduction to the Dodge/Evasion Drill.  
   Closed Folder Strategies and the Pommel Strikes Module

Level 3: Saber Stab Module. (Military “Quicker Kills” Module - Stabbing Part 1)

Level 4: Reverse Grip/Ice Pick Stab Module. (Military “Quicker Kills” Module - Stabbing Part 2)

Level 5: Saber Slash Module. (Military X Knife Fighting Part 1)

Level 6: Reverse Grip/Ice Pick Slash Module. (Military X Knife Fighting Part 2.) And  
   Introduction to the classic Claw of the Cat

Level 7: Crossing Blades! The Dueling Module

Level 8: The Spartan Impact Combat Module  
   The Chain of the Knife Module

Level 9: The Death Grip of the Knife Module

Level 10: The Knife “Black Belt” Test

Further Specific, Intensive Studies

Level 11: Intensive Knife Ground Fighting Module  
Level 12: Intensive Fist Knives/Push Daggers Module  
Level 13: Intensive Knife Speed, Skill and Flow Drill Mastery  
Level 14: Intensive Double Weapons, 2 Knives and Stick and Knife Materials  
Level 15: ...and up: Upon Personal Development and Themes Upon Request

Class Organizer

Basic Journeyman Instructorship after Level 3
Advanced Tradesman Instructorship after Level 6
Specialized Instructorship after Level 9
“Black Belts” on and after Level 10
Or just simply train for knowledge
1: Knife Stress Quick Draws Training Film

The stress quick draw is the bedrock for all the following levels of study. “Getting the knife out!” One of the most important aspects in knife combatives, if not thee, first and most important aspects, is drawing/pulling out the knife when you desperately need it. In this training film, Hock covers stress quick draw exercises through the Stop 6 program, as in stand-up problems through ground problems. Plus this film covers more live-saving information found inside Level One of this internationally practiced Knife course.

2: Support Your Knife! Training Film

- Less-Than-Lethal Knife Methods
- Support Hand Strikes & Kicks
- Pommel Strikes of the folder and fixed blade
- The Brass Knuckle 5
- Body Elasticity through the Ambush, Dodge and Evasion Drill
- Stop 1 of the Stop 6
- The “Who” of the Ws and H Module

This second level of this course fits in very closely with the first level, and in a way, actually finishes off and enhances the topic of stress quick draws, as well as develops support skills like striking and kicking while holding your knife. All this is foundational, mandatory knowledge if you take on the challenge of using the knife to save your life

3: The Saber Stab Training Film

This film is officially Level 3 of the Force Necessary: Knife! course. It covers any and all things about saber grip stabbing.

- 4 blade angles of the stab
- Thrust and hooking attacks
- Basic and advanced attack angles
- Standing, moving, kneeling, ground
- Quicker kill targets and scenarios sampling them
- Various skill developing exercises and drills
- Two vital scenario sets: The Three Hooks and the Three Thrusts
- Legal issues
- The “What” of the Ws and H Module
4 (and 6) : The Claw of the Cat Training Film
Reverse grip stabbing and slashing. This film comes from police experience and research. This module was the old 1990’s “Alley Cat Street Fighter.” It included a popular “claw of the cat panther speech,” hence the new name. The old 90s module was very raw and violent with minimum legal issues discussed. As a result I hid the course away, but my friends insisted I bring it back. Now revised as Claw of the Cat it has new information, evolved with newer methods, new ways for skill development and full of important, modern, legal issues. It covers a very succinct criminal situation, as in a mugging/robbery or ‘bully,’ assault type of crime.” - Hock

5: The Military X Saber and Revere Grip Slashing Training Film
Knife/Counter-Knife tactics, knowledge and skills in standing and ground fighting. See and learn these tactics, knowledge and skills:
- The Saber Grip X Module and the Ice Pick X Module
- The Military X combat scenarios
- The essence of the slash and combination strikes
- These are levels 5 and 6 of Hock’s knife course
- Bonus! Vintage Hock 1990s training footage

7: Crossing Blades Training Film
This is a film teaching 30 critical points in Filipino and western knife dueling. Things like”
- The “Why” of the Ws and H Module
- The other arm?
- Minimization of would theory
- The stance?
- The combat clock in dueling?
- The 4 arm attacks
- Edge Aware The edges on the knife
- Diminished Fighter
- Dueling attacks
-...and so, so much more!
8: Knife Takedowns Training Film

This production covers takedowns with and while holding a knife. But in the real world of fighting criminals and enemy soldiers there is a host of reasons why a defender must take an opponent to the ground for lethal and less-than-lethal ends.

Learn these reasons and means. Learn the basic knife takedown principles. Learn the Takedown Body Chart, the Joint Crank and Joint Lock Progression and how and why knife applications may or may not work with them. Learn numerous knife combat scenarios.

PLUS! An added, free feature, a second disc of vintage footage of Hock teaching two of his knife combat scenario modules that are full of takedowns, the Spartan Drill Module and the Chain of the Knife Drill Module - all footage shot at the University of Las Vegas in Nevada at a very special knife training camp.

Death Grip of the Knife Training Film

Over 20 years in the making! Close quarter saber grip and ice pick stabs and slashes “In the Death Grip.” This Knife Level 9 DVD teaches survival tactics and strategies in face-to-face, nose-to-nose, hands-on-each-other knife fighting in standing and ground postions. Here you will learn how to fight while holding the opponent's weapon-bearing limb when he has yours in his grasp. You will learn attacks, escapes, captures and solutions as you fight standing, kneeling and on the ground. This video is a favorite among edged weapon trainers and seekers of knife ground fighting methods.

Learn:
- The basic Death Grip positions
- The solutions to the Death Grip positions
- Releasing moves to escape the Death Grips
- Death Grip combat scenarios
- Much knife vs. knife ground clutch fighting instruction
- Many knife vs. knife clutches combat scenarios

Knife Speed, Flow and Skill Exercises Training Film

Hock teaches the classic speed, flow and skill knife drills that originate from various military and martial arts sources. They are all here for you, demystified, simplified and dissected in the way Hock is famous for worldwide. Learn the patterns and insert, 1/2 beat options.

* Dodge/Evasion Edged Weapon Exercise
* Statue Knife Exercise
* Critical Contact Knife Exercises
* Grip Changer Exercises
* Counters to Common Blocks and the Outside Invasion Knife Series
* Panananstas Saber versus Reverse Knife Workout
* Windmill Exercises (vertical and horizontal circles, chains and Hubads)
* Give and Take Knife Exercises
* Sumbrada Knife Exercises
* Learn over one hundred inserts, tips and advice.
Rattlesnake! Knife Ground Fight Training Film
In May, 2014, Hock conducted a semi-private, 6 hour, knife ground fighting session in Texas, meant to be a crash course on the subject. It was filmed by Run N Gun Media and turned into this one-hour production. In it you will learn: - The big 3 knife ground fight situations - Who, what, where, when, how and why of knife ground fighting - How and why we hit the ground - Fundamental ground maneuvers - Ground stress draws - Cut loose exercises - Training for impact exercises - Ground catch exercise sets - Ground leg guard/shield - Destruction pump stab - Flinch responses to catch set stabs - Lefty versus righty problem-solving - Various ground releases - Ground knife disarm options - Ryan series solutions and counters - Scenario exercises - Training drill options - ...and more.

The Invading Knife Training Film
This production covers invading into a dueling, squared-off opponent with both your knife and/or your free hand. This involves attacking into the "closed," prepared fighting stance, mostly dealing with the outsides and back hands of the enemy's arms as he stands ready.
Therefore, this material covers tactics and strategies from the ready position, through the invasion tactics and on to the first significant strike assault. Once in close quarters, then many more tactics open up, specifically those CQC movements inside the arms, then possibly takedowns and other finishes. This DVD outline includes:
1) Deceptions to Attack
   - Strike from movement, luring, baiting, fakes and more...
2) The Science of Obstructions
3) Basic Invasion Training Drills Progression
4) The Big 9 Knife Invading Skill Entry Sets

Knife War Post Training Film
Learn to train alone! Kick off your knife training with Hock's much coveted theme DVD: the complete, "war post" knife training program, an international bestseller for year. Train alone with your own war post.
- How to build a war post
- Work all your drills with a real knife by hitting a war post.
The ubiquitous push dagger has been around in some shape or manner for centuries in various countries, militaries and martial arts. So deadly, so efficient, so ominous-looking, it is illegal almost everywhere. And then, with this illegality comes the lack of available training for its use when needed in crime-fighting and war.

W. Hock Hochheim has researched the knife (and these other punching and hammer-fisting, “fist knives,” and offers a practical and tactical training course for its maximum use in everything from applications to standing and ground combat scenarios.